

# INTOWN



## COUNSELING & WELLNESS

### CLIENT INFORMATION FORM

*\*This Form is Confidential\**

Today's date: \_\_\_\_\_

Your CHILD's name: \_\_\_\_\_  
Last First Middle Initial

PARENT or Legal Guardian's Name: \_\_\_\_\_  
Last First Middle Initial

Child's date of birth: \_\_\_\_\_ Gender: \_\_\_\_\_

Parent or Legal Guardian's Social Security #: \_\_\_\_\_

Home street address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Parent or Legal Guardian's Name of Employer: \_\_\_\_\_

Address of Employer: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Calls will be discreet, but please indicate any restrictions: \_\_\_\_\_

Referred by: \_\_\_\_\_

- May I have your permission to thank this person for the referral?

Yes  No

- If referred by another clinician, would you like for us to communicate with one another?

Yes  No

Person(s) to notify in case of any emergency: \_\_\_\_\_  
Name Phone

We will only contact this person if we believe it is a life or death emergency. Please provide your signature to indicate that we may do so: (Your Signature): \_\_\_\_\_

Please briefly describe your child's presenting concern(s): \_\_\_\_\_

What are your/your child's goals for therapy? \_\_\_\_\_

How long do you expect to be in therapy in order to accomplish these goals (or at least feel like you have the tools to accomplish them on your own)? \_\_\_\_\_

**MEDICAL HISTORY:**

Please explain any significant medical problems, symptoms, or illnesses your child has had: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Current Medications:** (if you need more room, please write on the back of this page):

Name of Medication	Dosage	Purpose	Name of Prescribing Doctor

Previous medical hospitalizations (Approximate dates and reasons): \_\_\_\_\_  
\_\_\_\_\_

Previous psychiatric hospitalizations (Approximate dates and reasons): \_\_\_\_\_  
\_\_\_\_\_

Has your child ever talked with a psychiatrist, psychologist, therapist or other mental health professional? (If yes, please list approximate dates and reasons): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Sexual & Gender Identity:     Heterosexual     Lesbian     Gay     Bisexual  
    Transgender     Asexual     In Question     Other: \_\_\_\_\_

Racial/Ethnic Identity:

- African/African-American/Black
- American Indian/Alaska Native
- Asian/Asian-American/Asian Pacific Islander
- Bi-Racial/Multi-Racial
- Latino/Latino-American
- Middle Eastern/Middle Eastern-American
- White/European-American
- Not listed

**FAMILY:**

How would you describe your child’s relationship with his or her mother? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

How would you describe your child’s relationship with his or her father? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Are the child’s parents still married or did they divorce? \_\_\_\_\_ If they divorced, how old was the child when the parents separated or divorced and how do you think this impacted him or her? \_\_\_\_\_  
\_\_\_\_\_



PLEASE CHECK ALL THAT APPLY TO YOUR CHILD & **CIRCLE** THE MAIN PROBLEM:

DIFFICULTY WITH:	NOW	PAST		DIFFICULTY WITH:	NOW	PAST		DIFFICULTY WITH:	NOW	PAST
Anxiety →				Tantrums →				Nausea →		
Depression				Parents Divorced				Stomach Aches		
Mood Changes				Seizures				Fainting		
Anger or Temper				Cries Easily				Dizziness		
Panic				Problems with Friend(s)				Diarrhea		
Fears				Problems in School				Shortness of Breath		
Irritability				Fear of Strangers				Chest Pain		
Concentration				Fighting with Siblings				Lump in the Throat		
Headaches				Issues Re: Divorce				Sweating		
Loss of Memory				Sexually Acting Out				Heart Problems		
Excessive Worry				History of Child Abuse				Muscle Tension		
Wetting the Bed				History of Sexual Abuse				Bruises Easily		
Trusting Others				Domestic Violence				Allergies		
Communicating with Others				Thoughts of Hurting Someone Else				Often Makes Careless Mistakes		
Separation Anxiety				Hurting Self				Fidgets Frequently		
Alcohol/Drugs				Thoughts of Suicide				Impulsive		
Drinks Caffeine				Sleeping Too Much				Waiting His/Her Turn		
Frequent Vomiting				Sleeping Too Little				Completing Tasks		
Eating Problems				Getting to Sleep				Paying Attention		
Severe Weight Gain				Waking Too Early				Easily Distracted by Noises		
Severe Weight Loss				Nightmares				Hyperactivity		
Head Injury				Sleeping Alone				Chills or Hot Flashes		

**FAMILY HISTORY OF (Check all that apply):**

Drug/Alcohol Problems				Physical Abuse				Depression			
Legal Trouble				Sexual Abuse				Anxiety			
Domestic Violence				Hyperactivity				Psychiatric Hospitalization			
Suicide				Learning Disabilities				“Nervous Breakdown”			

**Any additional information you would like to include:**

---



---



---